

**Nov. 29, 2021** [cfcnca.givecfc.org](https://cfcnca.givecfc.org)

## How to Observe #InternationalVolunteerDay

International Volunteer Day (IVD) on December 5 was designated by the United Nations in 1985 as an international observance day to celebrate the power and potential of volunteerism.

December 5 celebrates people and organizations who volunteer their time and energy to improve the lives of others. Join us to recognize volunteers on this day to invigorate volunteerism. You can contact your campaign representative to receive the CFC volunteer database for your specific area and volunteer today!

All pledged volunteer hours will be monetized and will count towards campaign results and will be reported separately from monetary contributions. This awesome feature of the CFC places the volunteer hours pledge on equal footing with monetary pledges – both fulfilled with the employee's own time and talents.

Ask your coworkers to sign up to make an even greater impact on International Volunteer Day!



## Upcoming Dates

Nov. 29 – Cause of the Week:  
Global Health

Nov. 30 – Giving Tuesday

Dec. 5 – International Volunteer Day

Dec. 6 – Cause of the Week:  
Human Rights

## Giving Tuesday



Are you ready for Giving Tuesday on Nov. 30? Be sure to broadcast the message far and wide!

**Promote**

## Giving Tuesday Video



Changemakers in the CFC are celebrating Giving Tuesday this week! Watch their video and share with your colleagues.

**Watch Now**

## Leadership Corner

November 30 is Giving Tuesday, the most important day for charities around the world, and one of our biggest days of the Combined Federal Campaign. In my family, it's heralded as a holiday in and of itself, and we look forward to celebrating it together every year by taking part in an opportunity to help someone in need.

Last year, we gathered to create uplifting art and stories to send to refugee children; and this year my children's schools have organized programs for them to learn of the needs of their community, and provide them a chance to volunteer.

I see this as doing two things: it's helping our community now, and it's laying the groundwork for helping our world in the future. When the younger generations are introduced to philanthropy through their families, they are likely to become life-long donors with open hearts for those around them. It's important to help relieve the burdens of those in need today, but it is just as important to ensure we have our hearts and minds ready to take the baton and keep giving back through generational understanding. This Giving Tuesday and International Volunteer Day, invite your family and friends to take part with you. The experience may be brief, but it'll impact the lives of the beneficiaries and the hearts of the volunteer for days, months, and lifetimes to come.

– Lou Torchia, CFCNCA Executive. Director



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## Do 60, Give 60



Engage your colleagues in a challenge or activity for Do 60, Give 60 to celebrate 60 years of the CFC!

[Start Here](#)

## Paper Pledges



Are you receiving paper pledges that need processing? Check out the steps here to submit them!

[Learn More](#)

## Send Us Your Photos

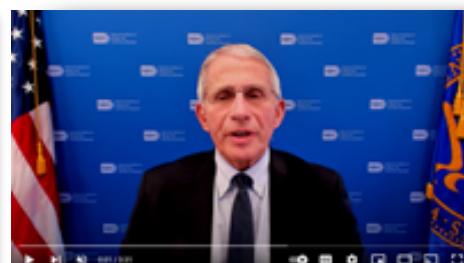


We want to feature YOU, CFC changemakers! Email us at: [marketing@cfcnca.org](mailto:marketing@cfcnca.org) to be on social media or in the next newsletter!

[Email Us](#)

# CFCNCA Events

Departments and agencies across the National Capital Area have been hosting such fun events for the CFC! Team Army kicked off with leader Mark Averill and "name that tune" contest winner Jason Farquhar; Dr. Fauci invited NIH colleagues to give; U.S. Trade & Development Agency kicked off with a trivia challenge; and National Science Foundation held a Pet Fair! Thank you for being the face of change in the CFCNCA.



## Dec. 6 Cause of the Week: Human Rights

*"Everyone has a right to peaceful coexistence, the basic personal freedoms, the alleviation of suffering, and the opportunity to lead a productive life." - Jimmy Carter*

Around the world, people continue to fight for human rights and representation - and for their voice to be heard. CFC charities are listening, and need our collective help to reach them. When we come together and give, there's no telling how far we'll go when it comes to make a difference. And supporting human rights is one that affects us all, near and far.

CFC charities work to address these issues at home and abroad. They advocate for equal pay, like supporting grant funding to business loans for women in rural areas. They improve the lives of individuals living with a disability through advocacy and funding for better resources and access. They promote rights and equality for underserved and oppressed communities. The CFC makes it easy for all of us to change the world. Your donation to human rights cause areas can help ensure that all individuals are treated equally and with dignity.

- \$20 Equips one woman in a refugee camp with a dignity kit of sanitation and hygiene supplies.
- \$60 Educates an entire classroom on the history of human rights.
- \$200 Sponsors one rescue boat to liberate children from slavery in the fishing industry.



[Download Cause Info](#)

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